

**The University of Jordan**

**Accreditation & Quality Assurance CenterSCHOOL OF NURSING**

**Course Name: Psycho-Pathology**

**Course Syllabus**

**Master Programs**

**Clinical Nursing/ Psychiatric Mental Health**

**Course Syllabus**

**[sEMESTER ACADEMIC YEARi]**

**-------------------------------------------------**

**The Mission of THE University OF JORDAN**

Providing students with fulfilling learning experiences, conducting knowledge-producing research, and building firm societal ties, within an environment conducive to creativity, innovation, and entrepreneurship; making efficient use of resources and forging fruitful partnerships.

**The vision of the SCHOOL of Nursing**

The School of Nursing Master’s program at The University of Jordan will be increasingly recognized for its excellent and highly competitive advanced clinical nursing program locally, nationally and globally, offering educational opportunities in research, advanced nursing practices and community services and empowering nursing professionals as leaders in the dynamic health care delivery system

**The Mission of the SCHOOL of Nursing**

The mission of the School of Nursing is to promote an innovative, caring, and collaborative learning environment that prepares graduates to demonstrate integrity and assimilate advanced knowledge and clinical experiences to assume advanced roles as clinicians, educators, researchers, and administrators

**SCHOOL of nursing’s Core values**

* Accountability & Transparency
* Integrity and equity
* Caring
* Excellence
* Innovation
* Diversity
* Compassion
* Social justice
* Leadership & Teamwork
* Discipline
* Arab and Islamic values

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| --- | --- | --- |
| **1** | Course title | Psycho-Pathology |
| **2** | Course number | 0701728 |
| **3** | Credit hours (theory, practical) | 3 credit hours |
| Contact hours (theory, practical) |  |
| **4** | Prerequisites/corequisites |  |
| **5** | Program title | Master in clinical nursing/psychiatric nursing |
| **6** | Program code | \_ |
| **7** | Awarding institution | The University of Jordan |
| **8** | Faculty | Faculty of Higher Education |
| **9** | Department | School of Nursing |
| **10** | Level of course | Second year |
| **11** | Year of study and semester (s) |  |
| **12** | Final Qualification | Master in clinical nursing/psychiatric nursing |
| **13** | Other department (s) involved in teaching the course | \_ |
| **14** | Language of Instruction | English |
| **15** | Date of production/revision | 4/3/2018 |

16. Course Coordinator:

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| Office numbers, office hours, phone numbers, and email addresses should be listed.  Prof. Ayman H. Hamdan-Mansour  Office number: 221Office Tel: +9626 5355000 Ext: 23191  Email:  [a.mansour@ju.edu.jo](mailto:%20a.mansour@ju.edu.jo)  Academic website: http://eacademic.ju.edu.jo/a.mansour  E-Learning website: https://elearning.ju.edu.jo/ |

17. Other instructors:

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| --- |
| *Office numbers, office hours, phone numbers, and email addresses should be listed.* |

**18. Course Description:**

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| This course focuses on the pathogenesis of psychiatric disorders as a consequence of abnormalities and alterations of normal physiological function. It explores the biological correlates of psychiatric illnesses and examines neurostructural, neurochemical, psychopharmacologic processes relevant to psychiatric illnesses.  Regulatory and compensatory mechanisms that aim at maintaining and restoring homeostasis in response to changes in the internal and external environment are explored. |

**19. Course aims and outcomes:**

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| **A- Aims:**  The aim of this course is to provide the nursing student with the knowledge to understand pathogenesis of psychiatric disorders and neurostructural, neurochemical, psychopharmacologic processes relevant to psychiatric illnesses.  **B- Intended Learning Outcomes (ILOs):** Upon successful completion of this course students will be able to … |

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| Intended Learning Outcomes (ILO) | |
| **ILO 1: Utilize up-to-date knowledge and holistic perspective in advanced psychiatric mental health nursing management of health and disease states.** | |
| Specific Course Objectives | * 1. Understand the history and major theories of psychopathology, and the use of the DSM-5.   2. Analyse classification system DSM-5 and relate it to the major mental disorders.   3. Integrate multiple causes for diagnostic work-ups   4. Recognize the uses, limitations, misues of assigning psychiatric diagnoses. |
| Relevant Competency (JNC) | * Quality improvement * Client-centered care |
| Evaluation Methods | Written exams |
| ILO 2: Demonstrate competence within the area of clinical specialization in psychiatric mental health nursing through the application of nursing knowledge and skills and other sciences to promote health of individuals, families, and communities. | |
| Specific Course Objectives | * 1. Understand the history and major theories of psychopathology, and the use of the DSM-5.   2. Analyse classification system DSM-5 and relate it to the major mental disorders.   3. Integrate multiple causes for diagnostic work-ups   4. Relate diagnosis, treatment planning and prognosis to psychopathology   5. Prioritize safety issues in the provision of quality nursing care |
| Relevant Competency (JNC) | * Ethical and accountable practice * Quality improvement * Client-centered care |
| Evaluation Methods | Written exams |
| ILO 3: Practice within professional, legal and ethical advance practice context. | |
| Specific Course Objectives | * 1. Understand the history and major theories of psychopathology, and the use of the DSM-5.   2. Analyse classification system DSM-5 and relate it to the major mental disorders.   3. Integrate multiple causes for diagnostic work-ups   4. Relate diagnosis, treatment planning and prognosis to psychopathology   5. Synthesise ethical and legally appropriate judgments while engaging in professional activities related psychopathology   6. Identify ethical dilemmas related psychopathology |
| Relevant Competency (JNC) | * Quality improvement * Client-centered care |
| Evaluation Methods | Written exams |
| ILO 4: Maximize use of information technology applications to enhance advanced roles of psychiatric mental health nursing practice, education, and research. | |
| Specific Course Objectives | * 1. Understand the history and major theories of psychopathology, and the use of the DSM-5.   2. Analyse classification system DSM-5 and relate it to the major mental disorders.   3. Integrate multiple causes for diagnostic work-ups   4. Relate diagnosis, treatment planning and prognosis to psychopathology   5. Synthesise ethical and legally appropriate judgments while engaging in professional activities related psychopathology   6. Identify ethical dilemmas related psychopathology   7. Articulate a conceptual framework regarding psychopathology |
| Relevant Competency (JNC) | * Quality improvement * Client-centered care |
| Evaluation Methods | Written exams |
| ILO 5: Apply research and evidence-based nursing practice to improve nursing practice, quality of client care, safety and outcomes. | |
| Specific Course Objectives | 5.1 Understand the history and major theories of psychopathology, and the use of the DSM-5.  5.2. Analyze classification system DSM-5 and relate it to the major mental disorders.  5.3. Integrate multiple causes for diagnostic work-ups  5.4. Relate diagnosis, treatment planning and prognosis to psychopathology  5.5. Synthesize ethical and legally appropriate judgments while engaging in professional activities related psychopathology  5.6. Identify ethical dilemmas related psychopathology  5.7. Articulate a conceptual framework regarding psychopathology  5.8. discuss intervention and prevention strategies for psychological disorders.  5.9. Identify medical, psychodynamic, and alternative methods of treatment for specific mental health symptoms and illnesses.  5.10. Construct a comprehensive and concise biopsychosocial assessment, including a mental status exam. |
| Relevant Competency (JNC) | * Quality improvement * Client-centered care * Safety |
| Evaluation Methods | Written exams |
| ILO 6: Apply leadership skills and decision making in providing nursing care and safe care delivery to individuals, populations, or communities across health care delivery system. | |
| Specific Course Objectives | 6.1. Build strategies for effective holistic patient care relating to psychopathology diagnosis, treatment planning and prognosis with other members of the healthcare team  6.2. Develop a plan to solve health problems for populations with psychopathological problems and or psychiatric disorders and their families using critical thinking, and clinical reasoning skills. |
| Relevant Competency (JNC) | * Quality improvement * Client-centered care * Safety |
| Evaluation Methods | Written exams |
| ILO 7: Demonstrate competencies in communication, collaboration, and consultation skills required in the advanced interprofessional teams and health care recipients in the advanced nursing management of health and disease states. | |
| Specific Course Objectives | * 7.1. Build strategies for effective communication with clients, families, and other members of the healthcare team. * 7.2. Collaborate with adult clients and health care providers to provide holistic nursing care to individuals from diverse populations. * 7.3. Integrate knowledge political, legal, economic, social, cultural, and technological consultation skills required in delivering care to clients with psychopathological problems. * 7.4. Evaluate and incorporate therapeutic communication and collaborative decisions in the development of an advanced practice role in psychiatric mental health nursing. |
| Relevant Competency (JNC) | * Evidence-based practice * Ethical and accountable practice * Professional communication, collaboration and consultation. |
| Evaluation Methods | Written exams |
| ILO 8: Develop and improve the role of educator in nursing practice within the area of clinical specialization in psychiatric mental health nursing. | |
| Specific Course Objectives | 8.1 Describe the role of the nurse as educator in the provision of nursing care to clients experiencing psychopathological problems.  8.2. Identify teaching strategies and information that assist the client experiencing psychopathological problems meet their needs for health maintenance, promotion, or restoration.  8.3. Educate patients, families regarding the etiology, pathophysiology, and psychopathology, signs and symptoms, complications, psychopharmacology, and treatment modalities for psychiatric/mental health. |
| Relevant Competency (JNC) | * Ethical and accountable practice |
| Evaluation Methods | Psycho-education clinical question paper  Written exams |

20. Topic Outline and Schedule:

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| |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | Topic | **Week** | Instructor | Achieved ILOs | Evaluation Methods | Reference | | **Introduction to psychopathology**   * General Issues in Understanding and Treating Psychopathology | 1st week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 1)**  Ref (3) (**Chapter 23)** | | **Neuroscience: biology and behavior**   * Neuro-anatomy and neurophysiology | 2nd week | Prof Ayman |  | **Exam and assignment** | Chapter 2 | | **Other topics in Neuroscience**   * Memory, repetition, and learning/ * Circadian rhythm/ * Neuro-imaging techniques/ * Psycho-neuro-immunology | 3rd week | Prof Ayman |  | **Exam and assignment** | Chapter 2 | | **Psychopharmacology** | 4th week +  5th  week | Prof Ayman |  | **Exam and assignment** | Ref (3) (**unit 11)** | | **Schizophrenia**   * The positive symptoms of schizophrenia * The negative symptoms of schizophrenia * Other Psychotic Disorders | 5th week | Prof Ayman |  | **Exam and assignment** | Ref (2) **(chapter 12+11)**  Ref (3) **(chapter 24)**  Ref (4) **(chapter 10)** | | **Depression** | 7th week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 2)**  Ref (3) (**Chapter 25)**  Ref (4) (**Chapter 11)** | | **Bipolar** | 8th week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 10)**  Ref (3) (**Chapter 26)**  Ref (4) (**Chapter 11)** | | **Anxiety**   * Generalized anxiety disorder * Panic disorder and phobias * Obsessive compulsive disorder * Posttraumatic stress disorder   **Somatoform disorder** | 9th week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 3/4/5/6)**  Ref (3) (**Chapter 27)**  Ref (4) (**Chapter 12/13)** | | **Sleep disturbances** | 10th week | Prof Ayman |  | **Exam and assignment** | Ref 4 **(chapter 19)** | | **Personality disorders** | 11th week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 9)**  Ref (3) (**Chapter 29)**  Ref (4) (**Chapter 18)** | | **Sexual disorders**   * Marital and relational discord | 12th week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 13)**  Ref (3) (**Chapter 30)**  Ref (4) (**Chapter 15)** | | **Substance related disorders** | 13th week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 8)**  Ref (3) (**Chapter 31)**  Ref (4) (**Chapter 4)** | | **Eating disorders** | 14th week | Prof Ayman |  | **Exam and assignment** | Ref (2) (**Chapter 7)**  Ref (3) (**Chapter 32)**  Ref (4) (**Chapter 17)** | | **Psychopathology Research and Clinical Interventions** Broad Conclusions and General Recommendations | 15th week | Prof Ayman |  | **Exam and assignment** | Ref (2) **Chapter 14** | |

21. Learning Methods and Assignments:

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| **Development of ILOs is promoted through the following teaching and learning methods:**  1- Interactive lectures.  2- Critical review of multimedia resources and web-enhanced learning content.  3- Case study discussions  4- Self- study of the assigned material  5- Group work |

22. Evaluation Methods and Course Requirements:

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| **Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements**:   1. Class presentation 30% 2. Midterm exam 20% 3. Field assignment10% 4. Final written Exam40% |

23. Course Policies:

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| **Attendance policies:**   1. Students must attend all classes of this course. 2. Any student with absence of 15% of the classes of any course, will be illegible to sit for the final exam and will be given the university zero (F grade) in this course. 3. In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course. 4. Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.   **Absences from exams and handing in assignments on time:**   1. Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam. 2. Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester. 3. Assignments and projects should be submitted to the instructor on the due date.   Students are expected to prepare for lectures by reading the assigned material.  Any submitted paper should be compliant with the APA manual (6th. ed  Students unable to take a scheduled exam are expected to present their excuse within 48 hours.  Contact using the website: http://elearning.ju.edu.jo is highly encouraged and preferred.  **Honesty policy regarding cheating, plagiarism, misbehavior:**   1. Cell phones should be turned off during class time. 2. Any submitted paper should be edited for grammar, punctuation, clarity, and spelling. 3. Work submitted to the course instructor is assumed to be an expression of original ideas by the student. 4. All students in this course are expected to adhere to university standards of academic integrity. 5. Appropriate citation of the intellectual property of other authors is expected. Cheating, plagiarism, and other forms of academic dishonesty will neither be accepted nor tolerated. 6. All of the following acts is considered cheating:    * Copying from another student’s work.    * Using materials not authorized by the institute.    * Collaborating with another student during a test, without permission.    * Knowingly using, buying, selling, or stealing the contents of a test.    * Plagiarism (presenting another person’s work or ideas as one’s own, without attribution).    * Using any media (including mobiles) during the exam   **Grading policy:**  A grade of (C+) is the minimum passing grade for the course.   |  |  | | --- | --- | | **Grade Points** | **Grade** | | 4 | A | | 3.75 | A- | | 3.5 | B+ | | 3 | B | | 2.75 | B- | | 2.5 | C+ | | 2 | C | | 1.75 | C- | | 1.5 | D+ | | 1 | D | | 0.75 | D- | | zero | F |   **Available university services that support achievement in the course:**   1. Audio-Visual Aids 2. Academic website: http://eacademic.ju.edu.jo/maysoona 3. E-Learning website: <https://elearning.ju.edu.jo/>   Each student should have an email account for contact and communication |

24. Required equipment:

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| None |

**25. References:**

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| 1. **Required book (s), assigned reading and audio-visuals:** 2. American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (DSM-5®). American Psychiatric Pub. 3. Castonguay, L., Oltmanns, Thomas F., editior of compilation, Ebooks Corporation, & ProQuest. (2013). *Psychopathology : From science to clinical practice*. New York: Guilford Press. 4. Keltner, N., & Steele, Debbie, author. (2015). Psychiatric nursing (Seventh ed.). 5. Rhoads, J., & Murphy, P. (Eds.). (2014). Clinical consult to psychiatric nursing for advanced practice. Retrieved from https://ebookcentral-proquest-com.ezproxy.uws.edu.au 6. **Recommended books, materials, and media:**   None |

26. Additional information:

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Name of Course Coordinator: -------------------Signature: ------------------------- Date: ------------------------- Head of curriculum committee/Department: ------------------------- Signature: ---------------------------------

Head of Department: ------------------------- Signature: ---------------------------------

Head of curriculum committee/Faculty: ------------------------- Signature: ---------------------------------

Dean: ------------------------------------------- -Signature: ---------------------------------

Copy to:

Head of Department

Assistant Dean for Quality Assurance

Course File